



# Richmond Kiwanis



<http://richmondkiwanismo.weebly.com>



**Richmond Kiwanis Officers:**  
 President: Vickie McGinnis  
 1st Vice-President: Marti Cowherd  
 2nd Vice-President: Bill Dooley  
 Treasurer: Steve Meyer  
 Secretary: Jerry McCarter

August 14, 2012 Kiwanis: " Changing the world one child and one community at a time." J. McCarter, Secretary

**The meeting was called to order at the 19th Hole Restaurant by President Vickie McGinnis with only 15 members present. Levan Thurman led the song; Chris Brown led the Pledge and John Johnson the Prayer. Announcements:** Vickie will be making arrangements for this year's golf tournament. Steve volunteered to serve on the committee. **Sergeant At Arms Report: Chris Brown fined the following:**  
**Missed Meeting:** Patty  
**Phone Violation:** Jerry  
**Took a Trip:** Vickie, Patty and Ron  
**Other fines:** Bob Swafford and Bill Dooley for leaving early. JoEllen for Article error in Daily News, John Johnson for meeting at the "other" club. The following were elected to the Chamber of Commerce Board: Vickie, Nathan and Chris Brown. Of course they were appropriately fined.



**In the absence of August Program Chair, Marti Cowherd, Vickie introduced our guest speaker today, Lea Johnson.** Lea took questions first and then gave a wonderful talk about his family's experience with ALS or Lou Gehrig's disease. Lea's and Terri's son, Mark was struck by ALS in about the year 2000. He and Terri are his, "Care givers".

**The presentation was excellent and I'm listing here the symptoms of ALS:**

1. Muscle weakness in one or more of the following: hands, arms, legs or muscles of speech, swallowing or breathing
2. Twitching and cramping of muscles, especially those in the hands and feet.

3. Impairment of the use of the arms and legs.
4. "Thick speech" and difficulty in projecting the voice.
5. In more advanced stages, shortness of breath, difficulty in breathing and swallowing.



Thanks Leamon Johnson for the good program today on ALS.

**We have so much to be thankful for our healthy bodies.**

**Today's Lotto winner was: Levan Thurman**